

# LIFEBRIDGE CHRISTIAN CHURCH

## “*BUILDING BRIDGES TO GOD*”

LifeBridge Christian Church is located in University Square just past Allandale on Highway 11W. Turn right on University Boulevard at traffic light and then second left into University Square. We are in Suite F.

*To be and to share the good news of Jesus Christ, witnessing, loving and serving from our doorstep to the ends of the earth*

### Sunday Services:

Welcome and Fellowship: 9:00 - 9:30 a.m.

Sunday School: 9:30 - 10:15 a.m.

Worship Service: 10:30 - 11:30 a.m.

### Wednesday Service:

Meal: 5:30 p.m.

Small Groups/Worship Team Practice: 6:30 p.m.  
(for all ages including kids and youth)

If you wish to receive the newsletter electronically rather than through the mail, send a request to [msmith@lifebridgechristian.com](mailto:msmith@lifebridgechristian.com) and asked to be placed on the electronic distribution list and be removed from the mailing list. Electronic recipients usually get their newsletter a day earlier than mail recipients.

**(423)246-0005 – [www.lifebridgechristian.com](http://www.lifebridgechristian.com) – 4540 West Stone Drive, Suite F**

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LifeBridge Christian Church  
4540 West Stone Drive, Suite F  
P.O. Box 357  
Kingsport, TN 37660

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### Discipleship

#### Sunday School

Bridge Builders: (Carl Fandl) studying the letters to the Thessalonians  
Stepping Stones: (Cary Daniels) studying *Knowing the Heart of Jesus*  
New Beginnings: (Kristi Beverly/Mike Smith) studying the Holy Spirit  
Children: Forgiving – The Life of Love Sermon; God Made the Earth

#### Sermons:

August 30: *Our Mission* (Acts 1:8)

September 6: *Come to Me...* (Matthew 11:28-30)

***Remember... You are Light and Salt to the world. The world will walk in darkness and will rot without you.***

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#### Birthdays Coming Soon:

Ginger Oden (Sept. 2); Chris Reasor (Sept. 3); Marty Polson (Sept. 7); Mike Smith (Sept. 8);  
Evann & Cooper Armstrong (Sept. 9); Kindyl Walsh (Sept. 9); Joyce Pierson (Sept. 10);  
Cynthia Salyer (Sept.12)

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### Fellowship

#### Wednesday Evening Small Groups

September 2<sup>nd</sup> is the second week of three four week studies:

Doug Messer is leading a men's group through the Mind of Christ.

Lisa Root, Kristi Beverly, BJ Walsh are leading a women's group.

Mike Smith is leading a Bible study on the book of Amos

Abraham Thomas will be presenting an update on his mission work in India on Wednesday, September 23<sup>rd</sup>. Small groups will be suspended that week for his presentation.

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Office: 246-0005; Mike Smith: 361-7600; Brandi Franklin: 360-5889; Brett Hyder: 863-4174; Kevin Armstrong: 914-0734



**PASTOR:** MIKE SMITH  
**MUSIC:** BRETT HYDER  
**YOUTH:** KEVIN ARMSTRONG  
**CHILDREN:** BRANDI FRANKLIN

AUGUST 27, 2009 VOL V, IS. 18

## UPCOMING EVENTS

September 1; 6:30 p.m. Leadership Team Meeting  
 September 26 "Rods for God" car show  
 September 27 Celebration Sunday – 5 yr. Anniv.

## NOTES OF INTEREST

- Family Movie Night has been suspended for the rest of the year. Thank you to Joyce, Mickey and many others who helped put this event on throughout the summer.
- Many thanks to the group of 35 who went back to Elkhorn City, August 22<sup>nd</sup> to finish projects and resupply their food pantry. You gave a good measure and many were blessed through your generosity!
- The "Rods for God" car show will be held September 26<sup>th</sup>. See Jason Haynes for more information.
- Melinda Doolittle, an American Idol finalist from 2008, will be singing at The Bridge Connection on October 18<sup>th</sup>. Contestants from the area will show their singing abilities during live auditions starting September 13<sup>th</sup>. Finalists will have the opportunity to sing with Melinda Doolittle on October 18<sup>th</sup>. For more information and registering for auditions go to [www.singwithmelinda.com](http://www.singwithmelinda.com). The auditions have now been opened to anyone regardless of age.
- Marshall Spears will be taking pictures to update our church directory this Sunday. If you've recently joined and/or have not had your picture in the directory or if you would like to update your current picture in the directory, be sure to get your picture taken by Marshall this week. Directories are available in the church office. See Mike if you need one.
- We will be adopting a family through the local National Guard unit HHT 3/278<sup>th</sup>, which will be deployed later this year. We will know more information next month.
- Appalachian Christian Camp is hosting their 8<sup>th</sup> annual Golf Scramble next Friday, September 4<sup>th</sup>. Lunch is provided in the fee and begins at 11:30 a.m. with a shotgun start at 1 p.m. Trophies and prizes will be awarded. Both men and women are encouraged to participate with all proceeds to benefit Appalachian Christian Camp. Visit [www.campacc.com/golf](http://www.campacc.com/golf) or call the camp office at 423-743-310 or email [golf@campacc.com](mailto:golf@campacc.com) for more information.
- Another opportunity for golfers is the 16<sup>th</sup> annual Golf Classic to help feed the hungry held by Second Harvest Food Bank of Northeast Tennessee on Monday, September 21<sup>st</sup> at The Ridges Golf & Country Club. Tee times are 8:30 a.m. & 1:30 p.m. Lunch provided by Outback. See Mike for details if you're interested.
- Operation Christmas Child is already gearing up for this year's collection. If you want to participate in packaging at a processing center, you can request a reservation now by calling 1-800-442-9120.
- "Dear LBCC Family, Words cannot express the comfort we received through the outpouring of love, prayers, support and kindness during dad's illness and death. The meal was much appreciated and the plant is a beautiful reminder of dad's life. We blessed to have you all in our lives. Thank you, again. Love, Tim & Kathy."

## WORKING FOR GOD'S GLORY

	August 30	September 6	September 13
Refreshments	Joan D'Cruz	Becky Tucker	Sandra Clark
<u>Sunday School</u>			
Toddlers	Brandi Franklin	Renee Polson	Renee Polson
Elementary	Anita Carter	Anita Carter	Sheryl Smith
<u>Children's Worship</u>			
Nursery	Shirley Armstrong	Sue McCloud	Tammy Carter
Toddlers	Brandi Franklin	Renee Polson	Renee Polson
Elementary	Joyce Pierson	Robin Daniels	Ginger Oden
Communion Meditation	Dr. Jerry & Rita London	Tim Cornett	Bill & Becky Speers
<u>Served by Food Pantry</u>			
August 17 <sup>th</sup>	40 families (5 first-time), 125 individuals		
August 24 <sup>th</sup>	43 families (6 first-time), 110 individuals		

## EXHAUSTED?

It seems it doesn't take me long to get exhausted. I can run maybe 100 feet (or less) before I start wheezing and sweating and begging for a break. One thing I notice is that it takes me longer to get back to the point where I feel rested and relaxed than it did for me to feel exhausted.

Sometimes, though, my exhaustion comes from many days without rest. It's built up and I finally break down from the strain. So exhaustion can come from short bursts of energy or from prolonged absence from true rest. And in the most extreme cases, I become exhausted after neglecting rest and then encountering a need for a sudden burst of energy. Exhaustion makes me irritable.

Life can be exhausting if we don't take time to rest. And if we don't rest we will become irritable and susceptible to sin. Jesus knew we would be weary from our spiritual journey and we would need rest; rest from the trials, the pain, the suffering, the seemingly relentless temptations. *"Come to me, all you who are weary and burdened, and I will give you rest."* (Matt. 11:28).

Do you need rest from life's trials? Come to Jesus. Do you need respite from temptation? Come to Jesus. Meet him within the Body of Christ. Seek his fellowship within his Church. Do you need relief from the pain? Come to Jesus in the closet of prayer. Hear him whisper to you in his still voice, *"I will give you rest."*

- Recent updates from Matt Hickman and Tracy Pierson are posted on the Missions bulletin board across from the Welcome Center. Abraham Thomas will be presenting an update on his ministry in India on Wednesday, September 23<sup>rd</sup>.
- In case you missed it there was an article in the August 21<sup>st</sup> edition of the Kingsport Times-News about the cooperative effort between LifeBridge and The Bridge Connection in reaching the Allandale community and the many events we hold together. A copy of the article is posted on the bulletin board opposite the Welcome Center.
- The Leadership Team will be assembling the 2010 budget at their next meeting on September 1<sup>st</sup>. Please let a team member know of any needs and/or projects which need to be funded in next year's budget.